Centennial College Libraries

Nutrition and Food Service Management

Gail Alexander, Librarian
Centennial College Libraries

library.centennialcollege.ca
Our Services

• Learning Centre
• Library Resources (print and online)
• Research Help
• Study Space, Group Study Rooms
• Computers/Photocopiers
Library Resources

Books & eBooks: (books at all 4 campus libraries)
Media: (streamed and DVDs at all 4 libraries)
Periodicals: (at all 4 campus libraries)
Databases: 100 + (anywhere with an Internet connection!)
Reference Books

If you are new to a subject, Reference Books such as dictionaries, encyclopedias and handbooks are a good place to start.

They provide overviews, definitions and can help you refine and narrow down your topic.
Encyclopedia of Human Nutrition
Periodicals

Useful for providing current and focused information on a variety of topics

Newspapers, magazines and journals are examples of types of periodicals

Periodicals are available in both print and electronic format (in the Library databases)
Journals and Journal Articles:

> Written by a practitioner in the field

> Require specialized knowledge and vocabulary

> Documented – include in-text citations and references to earlier research, books and articles

> Peer reviewed
Peer reviewed

Also called refereed or academic or scholarly

A committee of scholars/professionals approve the quality of the article before it is published in the journal

Peer review helps to establish a journal as a trusted source of information
Trade Publications and Articles:

> For professionals in an industry

> May be published by professional associations

> Industry trends, issues, practices

> Specialized knowledge and technical language used in the profession
Trade Publication Article

Online Databases
Full text periodical and journal collections

eBooks and reference books

Citation tools for APA format.

Logon with your student number and your PIN to search at home
Database Search
library.centennialcollege.ca
Search the Library Collections

For simple searches.

Use the refine tools on the left hand side of the page to get better results.
Internet

Some great sources of information on the Internet - BUT BE CAREFUL.

Internet sites, unlike books, journals and trade publications may not be screened for reliability.

Your teachers may not want you to use the Internet for sources of information for your assignments.
Internet

More reliable sites include:

Professional Association Websites
   Dietitians of Canada
   Academy of Nutrition and Dietetics

Government Websites
   Health Canada

Educational Institution Websites

(and recommended links from those sites)
Library Help

Morningside Library: (416) 289-5000 ext. 8000

library.centennialcollege.ca/ask (links to AskON Online Chat Research service and AsktheLibrary email)

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More Help: Library Guides

(Also in eCentennial under the Library tab)